

National Psychology congress

**Psychology in the 2020's: Mental resilience in
the face of a modern changing world**

MARCH 8TH, 2024



Nederlands Instituut
van Psychologen

WELCOME

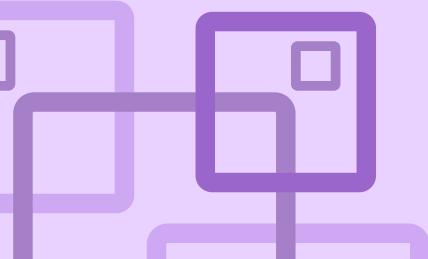
After months of hard work, it's finally here:
The National Psychology Congress 2024 of SPS-NIP!
We are so excited, and hopefully
you are too!

Welcome to this year's Congress, centered around the theme of mental resilience. As the world undergoes rapid transformations, every field of psychology plays a crucial role in understanding and adapting to these shifts.

So, how can you be resilient in a changing world?
Let's find out.

In this booklet you'll find everything you need to know for the congress. If you have any questions, don't hesitate to ask us!

Please make sure you follow @spsnip_commissies on Instagram and check this regularly throughout the day of the congress, since we will use this platform for communication regarding last minute changes.



MEET the COMMITTEE

Ina Telalovic
Treasurer



Michelle Osma
Promotion Officer



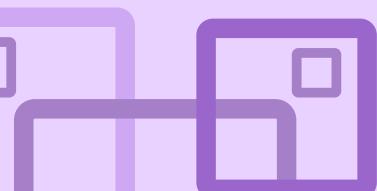
Bo Tordoir & Charlotte Müller
Speakers' Officers



Gwendolyn Hermans
President

Mara Smulders & Caro Jacobi
Acquisition Officers

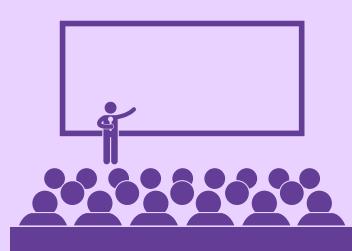
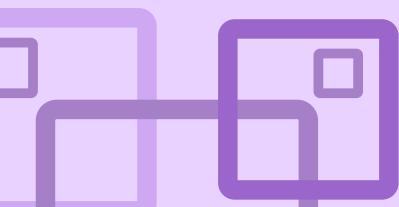
Stephanie van Daalhuizen
Secretary



Content

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Including a give-away sponsored by vLOGO!



Committee of Recommendation

"We support the National Psychology Congress 2024

and would like to recommend this event to you."

- Mrs. Drs. Monique Rook

Director Dutch Association of Psychologists (NIP)

- Prof. Dr. Daniel Wigboldus

Chairman of the Board of Radboud University & OnePlanet

- Prof. Dr. Johan Karremans

Radboud University

- Prof. Dr. Aukje Nauta

Leiden University

- Dr. Marcia Goddard

The Contentment Foundation & Brain Matters Consulting

- Mrs. Irene Smit

Founder Flow Magazine & chief editor Psychologie Magazine

- Mrs. Drs. Saskia Schepers

Consultant / Projectmanager / Neurodiversity Expert / Bestselling Author & Keynote Speaker

- Mrs. Annemarie de Leng

Chief editor of GZ-Psychologie and Kind en adolescent

- Dhr. Glenn van der Burg

Owner of People Power

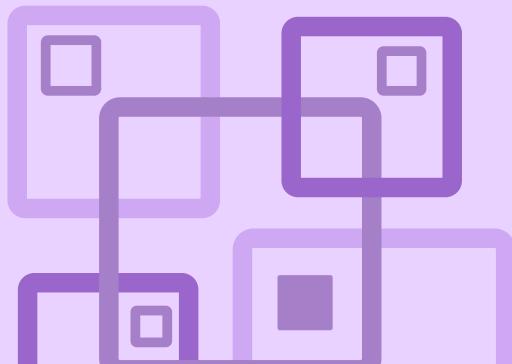
- Prof. Dr. Rick van Baaren

Radboud University & D&B Gedragsverandering

- Prof. Dr. Mr. Christiaan Vinkers

Amsterdam UMC

Find out more by clicking
on their names!



A word on behalf of the Congress Committee

Dear visitor,

Welcome to the National Psychology Congress 2024. We are very excited to show you our program. After a year of hard work, we are more than pleased to be able to present the National Psychology Congress of 2024.

As many of you, I have found through my years studying psychology, how varied and at times overwhelming the vast array of specializations are. I have been wondering myself what to choose for sometime, will I choose clinical, or maybe organizational, or are there other fields I have not even considered. How will I prepare myself for my future in the ever changing modern world in which one has to be resilient?

In my search for answers, I soon came to SPS-NIP, just as some of you may have today. Inspired by the organized lectures and the countless possibilities offered within the field, I surprisingly found myself headed in a direction that I did not expect to go down, but which I ultimately loved. This surprising certainty is exactly what my committee members and I hope to provide for you today. As a young, aspiring psychologist, it can be hard to navigate through all the different professions and requirements that are asked of you in this modern world.

Through this congress, we wish to educate you and provide meaningful insights to help you make an informed decision on your next steps, whether it be in your educational or professional career. And who knows, maybe you will learn something about your interests which you never knew before! I invite you to test what you know about yourself, meet new people, explore all the possibilities our field has to offer, and most of all, have fun! That is what this congress is all about: to find out how to face a modern changing world!

On behalf of the National Congress Committee,
We wish you a great congress, a lot of insights, and even more fun!

Gwendolyn Hermans
President of the National Congress Committee

A word on behalf of the National Board

Dear visitor,

On behalf of the National Board of SPS-NIP, I would like to welcome you to the National Psychology Congress. The National Congress Committee worked hard to ensure that you can enjoy and learn about a wide range of psychological disciplines and possibilities today. This day will most likely be an interesting contribution to your academic career!

This congress will shed a light on a subject that I believe is very important in today's society. How can we be mentally resilient in a world that is changing so fast? You will learn everything about that today. Also, there will be enough chances for you to explore all the possibilities that your education in psychology entails. I invite you to explore those chances. A day like today provides insight into many of these possibilities, as long as you open your eyes for them. Everything you do helps you to take a step forward.

I remember when I started studying Psychology that I just wanted to have fun as a student and I was not really focused on my future. When I came in contact with SPS-NIP, it changed my entire look on my future career. Since then, I have become eager to learn more about all the possibilities my future might hold for me. I started attending conferences and lectures, worked on building up a network and I have turned to professionals more often to ask questions. The more time you invest in exploring and discovering your interests, the better you will know what will give you that thrill later in life. Even though I might not have the answer to the well-known question: "What do you want to be when you grow up?", I can confidently say that I am on my way to find out. Today is the perfect opportunity to start your quest for the answer to that question.

I invite you to make the most of this day. Take a critical look at where your interests lie, take in as much as possible, ask questions and make new contacts! This congress is all about inspiring, exploring and networking. Take a leap and see what you can find, it's probably more than you can think of at this moment.

The National Congress Committee is there to help you overcome the gap between academia, your interests and the work field. They have put a lot of effort into putting together a fantastic program. Enjoy it and good luck with your future studies and career!

On behalf of the National Board, I wish you a great congress today and, above all, a lot of fun!

Julie de Voer

President of the National Board of SPS-NIP



Program

09.00 - 09.45

Entering

09.45 - 10.05

Opening word

10.05 - 11.00

Opening lecture

11.15 - 12.15

First round of speakers

12.15 - 13.15

Lunch

13.15 - 14.15

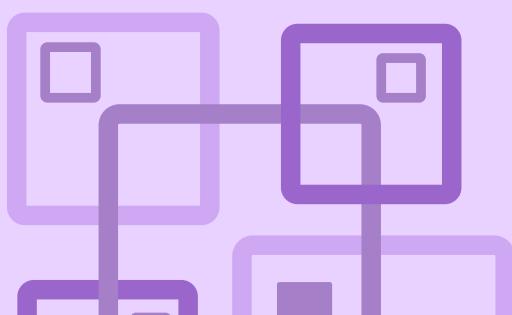
Second round of speakers

14.30 - 15.30

Third round of speakers

15.30 - 17.00

Information market including
drinks

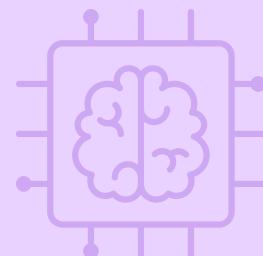


Opening lecture

Artificial Intelligence

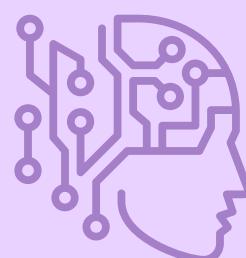
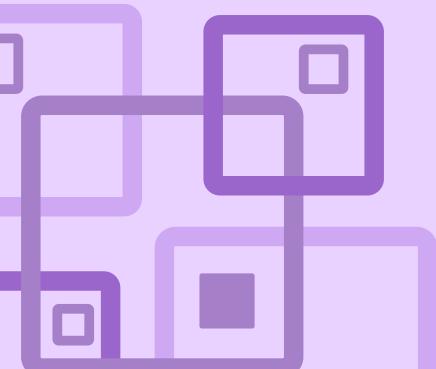


Marvin Kunz



In the rapidly advancing field of artificial intelligence, Large Language Models (LLMs) like ChatGPT are at the forefront of bridging human communication with computers. These models play an increasingly important role in shaping how we consume information and engage in problem-solving. However, as LLMs take on more cognitive tasks traditionally handled by humans, the challenge to understand their underlying 'thought processes' becomes crucial. In this context, psychology offers a treasure trove of concepts and experimental frameworks, many of which are currently being applied to understand LLMs.

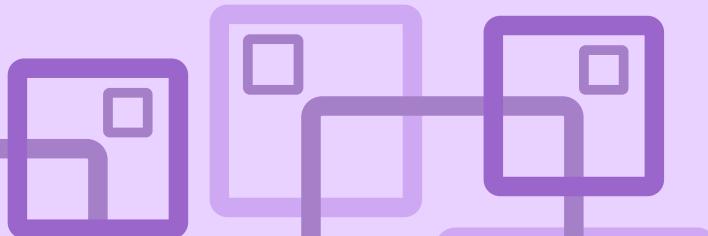
In our session, we'll delve into the intriguing parallels between machine psychology and AI. Using real-world examples, we will illustrate the power and pitfalls of AI in contemporary settings. We will discover how LLMs seem to reliably behave in ways that are in line with expectations from personality psychology and models such as the IPIP-NEO or the BIG 5. We'll discuss how both researchers and AI practitioners are using LLMs to impact individuals and probe into scenarios where even well-intentioned AI applications may lead to unintended consequences.





Locations

Location	Round 1	Round 2	Round 3
	11:15 - 12:15	13:15 - 14:15	14:30 - 15:30
0.01	Lisselotte Visser Radboud Visser	Jacinthe Smits	Hannah de Boer Alien van der Vliet
1.34	David Renjaän	Marrit van Exel	Maureen van Dam
1.47	Agnes van Rossum	Merel van Garderen	Anki Verhagen
1.50	Ruthie Werner	Anne Wisman	Petra Zoubková
1.53	Greta van Noordenbos	Sophía Thijs	Sem Simon
2.07	Nick Hoeken	Isabel & Karin	Daphne & Paul
2.32		Mischa Coster	



Lectures

ROUND 1



Relaties

Wat zegt de wetenschap over hoe je een partner kunt vinden voor een duurzame relatie? Iemand die bijna veertig jaar praktijkervaring met matching en coaching combineert met wetenschappelijk onderzoek naar relatievering is Liselotte Visser, Relatietherapeut, Gz-psycholoog, schrijver en wetenschappelijk onderzoeker. Vandaag vertelt ze over de succesfactoren in de zoektocht naar een nieuwe liefde.



Al meer dan twintig jaar is Radboud Visser directeur van het grootste bureau van Nederland op het gebied van persoonlijke bemiddeling. Radboud Visser start zijn carrière in 1991 bij Mens en Relatie en is naast zijn functie als directeur ook werkzaam als relatie- en datingcoach (Erkend Register coach NOBCO en LVSC). Verder is Radboud actief als Vice-Voorzitter van de Branche Vereniging Singles Keurmerk (BVSK). Internationaal is Radboud lid van het Advisory Committee van het Global Love Institute te New York. Voor RTL is Radboud Expert Matchmaker bij Married At First Sight dat op RTL4 wordt uitgezonden.



Social & emotional Development

David Renjaän is a PhD candidate and lecturer at the Behavioural Science Institute of Radboud University in Nijmegen. He explores the ways in which ‘being in sync’ with others contributes to people’s social and emotional development throughout their lives. During his lecture, you will explore the reasons behind people’s tendency to synchronize with others, delve into the ways in which synchrony facilitates social-emotional development across life, and unravel how synchrony can contribute to people’s well-being and resilience



David Renjaän



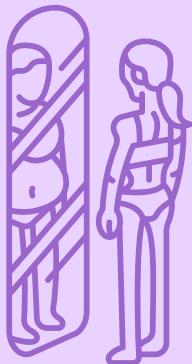
Lectures



ROUND 1



Agnes van Rossum



Can patients recover from an eating disorder? Which treatments are effective? Can all patients recover or will some of them develop a severe eating disorder or die? For long time the treatment was focused on improvement of eating behavior and weight. However, this often resulted in a negative self- and body evaluation and a high risk of relapse. In recent decades the treatment is not only directed at physical recovery but also at psychosocial and emotional improvement.

Eating Disorders



Greta van Noordenbos

In this lecture an overview will be presented of studies about the most important criteria for recovery. Not only quantitative outcome studies are analysed, but also qualitative studies about the experiences of patients who realised to improve or to recover. This resulted in a broad list of physical, psychological, emotional and social criteria for recovery. In the discussion the most important problems in the process of recovery will be summarised as well as the difficulty of treating the disorder resulting in long lasting and severe eating disorders.

Lectures

ROUND 1



Sexual Health



Nick Hoeken



After getting my masters in sexual health in Leuven, I followed the registration process to get my registration as sexual health consultant NVVS. Since my masters I have my own practice and am working together with other sexological professionals of the Praktijk voor Seksuologische Therapie.

In the session we will talk about how I work on resilience through a sexological lens. Further we will be talking about sexology in the Netherlands and what your options are as psychology students who are interested in the field. We will also discuss some much seen cases in my practice and of course there will be room for questions and input from attendees. Depending on the time we have, I want to make the session as practice-oriented as possible. I am inviting the attendees to think about what they want to learn in a practice-oriented frame and prepare questions. If there isn't enough time during the session, you are always welcome to come talk to me during the breaks. If the session makes you uncomfortable or you feel uneasy after the session, you may always leave the session and are welcome to get in contact with me via my e-mailadress.

Training

ROUND 1



Zelfmoord, praat er over!

In deze interactieve workshop staan we stil bij hoe zelfmoordgedachten ontstaan en hoe naast betrokkenen kunnen helpen. In welk vakgebied je ook zal komen te werken als psycholoog, er is een grote kans dat je met suïcidaliteit in aanraking komt. Dit geldt niet alleen voor de psychologen in de zorg, maar net zo goed voor de A&O psychologen als voor de schoolpsychologen en sociale psychologen. Wat doet dat met je als je hieraan denkt? En wat kan je doen als iemand zelfmoordgedachten heeft? Hoe kan je de ander helpen en tegelijkertijd voor jezelf zorgen? In de workshop zullen we steeds een klein stukje theorie behandelen en dan kijken hoe het in de praktijk werkt.

Wil je je goed voorbereiden, dan kan je alvast de [gratis online e-learning van een uur](#) doen, waar je de vraag leert stellen "denk je aan zelfmoord?

Denk je aan zelfdoding? Neem dan 24/7 gratis en anoniem contact op met 0800-0113 of chat op [113.nl](https://www.113.nl)



Ruthie Werner
Klinisch Psycholoog & Psychotherapeut

Lectures

ROUND 2



Slaap Psychologie



Jacinthe Smits

Jacinthe Smits is werkzaam als Slaapoefentherapeut & ACT- en Leefstijlcoach in een medisch centrum in Amersfoort. Vanuit haar brede expertise en haar praktijkervaring werkt zij zowel aan de analyse als aan duurzame oplossingen van gezondheidsklachten. Dit draagt bij aan het vermogen van mensen om met de fysieke, emotionele en sociale uitdagingen van het leven om te kunnen gaan: van klacht naar veerkracht!

Op het congres zal Jacinthe haar ervaringen delen over haar specialisme Slaap en hoe zij haar cliënten helpt om een goede nachtrust te hervinden. Dit geeft rust, ontspanning, balans en energie. En bovendien word je er gelukkiger van!

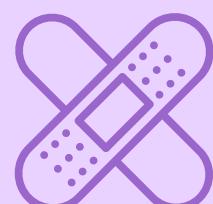


Rouw en verlies

Marrit is een internationaal gecertificeerde NLP trainster. Zij heeft Arbeids- en Organisatiepsychologie gestudeerd. Daarnaast heeft zij diverse opleidingen gevolgd op het gebied van HRM en persoonlijke ontwikkeling. Vanuit haar voormalige functie als HR Manager is zij in staat om zowel vanaf de werkgevers- als werknemerskant naar diverse situaties te kijken. Marrit deed onderzoek onder weduwen. Daaruit ontwikkelde zij het rouwCHAOS-model. De impact van verlies is veel meer dan alleen maar omgaan met pijn, verdriet en gemis. Verlies heeft impact op je dagelijks leven, wereldbeeld en gevoel van eigenwaarde. In haar boeken geeft zij de benodigde vaardigheden, tools en tips die ondersteunend zijn aan het rouwproces. Zodat rouwendigen met meer vertrouwen en veerkracht naar zichzelf, hun situatie en de toekomst kijken.



Marrit van Exel



Lectures

ROUND 2



Addiction Care

As a Health Care Psychologist in training (GZ-Psycholoog), I deal with a wide variety of disorders, issues, treatments, and diagnostics. I have approximately 6 years of experience in addiction care, where I provided both inpatient, outpatient, and day care treatments. I have had the opportunity to work in Amsterdam, Scotland, and Cape Town.

As a starting psychologist, ambition can be high and competition can sometimes be intimidating. Almost all of your fellow students and future colleagues are interesting, intelligent and skilled in their field. How do you cope with that? How do you stand firm as a psychologist while continuing to develop yourself? In my presentation, I will tell you more about my career and the challenges I have faced and sometimes still face. The focus of my presentation will be on addiction care, as it is where I have the most experience. I hope to inspire you to choose this beautiful and challenging field of work. Besides addiction issues, comorbidity is almost always present: anxiety disorders, depression, PTSD, and/or personality disorders. I am happy to tell you about all the possibilities.



Merel van Garderen



Recherche Psychologie

Karin en Isabel werken als recherchepsychologen bij de Nederlandse politie. Ze geven gedragsadvies in politieonderzoeken door gebruik te maken van hun kennis van forensische en juridische psychologie, criminologie en recherchepsychologie. Elke dag is uniek omdat elke zaak anders is. Recherchepsychologen adviseren in verschillende afdelingen binnen de politie, bijvoorbeeld in stalkingzaken, zedenmisdrijven en moordonderzoeken. Tijdens het congres zullen Karin en Isabel meer vertellen over de Nederlandse politie, hun werk als recherchepsychologen en de rol van mentale veerkracht binnen hun werkveld.



Isabel & Karin



Lectures



Sophia Thijs

ROUND 2



Nutrition and Psychology

Can you relate? We all know that exercise and lean nutrition is good for our organs, brain, mood, aside of that it helps to prevent diseases like diabetes and joint pains.... We all know that. And yet, we seem to also need comforting fatty food, parties and other guilty pleasures that give us rewarding feelings!

Get introduced to the world of functional medicine, in which a newer approach of holistic health wants to make people be less dependant on doctors, psychologists, supplements and medicine. Expect a short and sweet introduction in the world of neurotransmitters and its impact on brain fog, mood swings and sugar cravings in the afternoon. Expect an interactive way of learning about this beautiful discipline. You'll leave and know how you can end your sugar cravings, what to do in the mornings to feel more motivated or how to biohack your dopamine levels if you've been partying way too much and feel unmotivated or exhausted.

Sophia became passionate about nutrition, movement and its impact on her own mental and physical health throughout her own personal battles. After 9 years of working as a family psychologist, she wanted to shift her career because personal values and needs shifted too. Now, she's entrepreneurship to figure out how she can help others with food and movement as natural free medicine, to keep them away from the health care system as long as possible.



Media Psychology



Mischa Coster MA MSc is a consultant, researcher, and public speaker in the field of media psychology and behavioral influence. "I change how people see things" is his motto. He accomplishes this by employing evidence-based and theory-inspired psychological strategies. Mischa comes highly recommended by Dr. Robert Cialdini, the leading international expert and scientist in the field of behavioral influence.

As a media psychologist affiliated with the Dutch Institute of Psychologists (NIP), Mischa focuses on how individuals consume media and how organizations can effectively utilize media based on evidence-based psychological insights. For over 20 years, he has collaborated with clients and partners on issues at the intersection of online media, psychology, and technology. Mischa is the founder of Grey Matters and co-founder of Guideology, both consultancy firms specializing in the practical application of scientific insights from social and media psychology



Mischa Coster

During this lecture, Mischa Coster will guide you through the world of behavioral influence as employed by both businesses and governments. He will explain several concrete techniques with practical examples. Additionally, he will delve deeper into how fake news is created and the techniques used by its creators to make fake news "successful."

Training

ROUND 2



Change within the education of Psychologists

Anne Wisman works as a policy advisor for the Dutch Institute of Psychologist (the largest professional association for psychologists in the Netherlands and the mother organization of SPS-NIP). As a policy advisor her areas of expertise include the Dutch labor market and labor relations and the professional registrations and education for psychologists in the Netherlands.

In her presentation Anne will talk about the various career paths available to psychologists in the Netherlands, and latest plans to restructure of the professional structure for psychologists (programma Beroepenstructuur) and its consequences for education and early career practitioners.



Anne Wisman



Lectures

ROUND 3



Anki Verhagen



Arbeids- en organisatiepsychologie

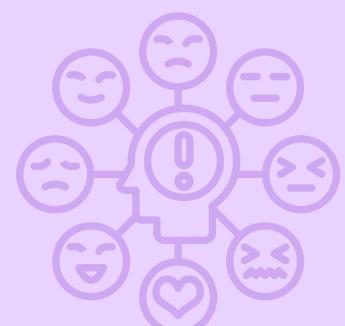
Anki Verhagen werkt bijna 4 jaar als HR adviseur bij het Nederlands Lucht- en Ruimtevaartcentrum. Tijdens haar lezing gaat ze met jullie in gesprek over allerlei maatschappelijke ontwikkelingen die de werkvloer raken. Wat kunnen werkgevers doen om te beantwoorden aan de behoeftes van alle generaties op de werkvloer? Werkenden willen autonomie (zoals werken waar en wanneer je wilt) maar wel verbondenheid met collega's en organisatie. We willen 'gewoon lekker werken' met bijbehorende voldoening, terwijl de wereld van werken continue verandert. Waarin kun je sturen als werkgever, en waar moet je wellicht ook niet op willen sturen? Als je benieuwd bent naar wat je kan met een achtergrond richting A&O- of gedragspsychologie in het HR vakgebied, kom dan zeker naar deze lezing!



Dialectic behavioural therapy

As a mental health psychologist at the Academic Center for Trauma and Personality in Amsterdam and PsyQ Leiden, I mainly focus on personality problems and early childhood trauma. My experience includes applying Dialectical Behavior

Therapy (DBT) for Borderline Personality Disorder, which makes my work both challenging and enjoyable. Through DBT, clients can develop skills to better manage emotions, relationships, and impulses. Seeing positive changes in my clients, even in complex situations, is one of the most rewarding aspects of my work. My presentation will delve deeper into my experiences with DBT, with concrete examples to give you an idea of what working in clinical practice looks like.



Sem Simon



Lectures

ROUND 3



Financial & Economic Psychology

Alien van der Vliet and Hannah de Boer work at the Knowledge Centre Psychology and Economic Behaviour (KCPEG), which is part of Leiden University. The KCPEG aims to build a bridge between behavioural science and society. As researcher and advisors, Alien and Hannah conduct behavioural research, often in collaboration with government or societal organisations, in which they look into the drivers of certain behaviour and come up with interventions. Moreover, they teach professionals about behavioural insights through workshops, for example at the ministry of Economic affairs.

At the conference, they will talk about their backgrounds in social psychology and how it relates to their work at KCPEG. They will guide you through a typical work week, as well as zoom in on several projects. Besides, they will highlight a few projects that have a connection with 'mental resilience' - the theme of the conference.

Medische Psychologie



Hannah de Boer & Alien van der Vliet



Mijn naam is Maureen van Dam en op dit moment ben ik werkzaam als wetenschappelijk onderzoeker bij het VUmc en als basis-psycholoog op de polikliniek Angst & Depressie bij GGZinGeest. Tijdens dit congres

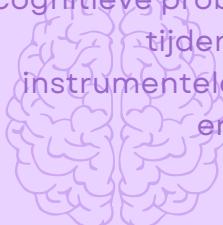
wil ik graag mijn proefschrift toelichten, dat zich richt op het cognitief functioneren van mensen met de ziekte multiple sclerose (MS).

In mijn promotietraject heb ik geprobeerd cognitieve stoornissen bij mensen met MS beter te begrijpen door gebruik te maken van een veelzijdige aanpak. Hiervoor heb ik verschillende methoden geïntegreerd, waaronder vloeibare biomarkers, beeldvormingstechnieken en neuropsychologische onderzoeken!.



Maureen van Dam

De diagnose MS wordt vaak gesteld op relatief jonge leeftijd (gemiddeld tussen de 20 en 40 jaar) en heeft een grote impact op het dagelijks leven van mensen. Hoe deze impact precies tot uiting komt in het dagelijks leven en of deze bijvoorbeeld wordt veroorzaakt door fysieke of cognitieve problemen is momenteel nog niet volledig bekend. Een van de onderzoeken waar ik tijdens het congres meer over zal vertellen, is de ontwikkeling van de vragenlijst over instrumentele activiteiten van het dagelijks leven bij MS (de MS-IADL-Q). Hiermee streven we ernaar een brug te slaan tussen wetenschappelijk onderzoek en klinische praktijk



Lectures

ROUND 3



Paul Betgem



Daphne Metsemakers

Daphne Metsemakers is registerpsycholoog Arbeid & Gezondheid NIP. Ze werkt als freelancer in de bedrijfspsychologische zorg, waarbij ze cliënten en organisaties helpt bij arbeidsrelevante vraagstukken, waaronder het voorkomen van uitval van werknemers. Ook begeleidt zij werknemers en werkgevers wanneer er al sprake is van uitval. Daarnaast werkt ze als opleider/adviseur bij de NSPOH, waar ze de postmasteropleiding tot psycholoog Arbeid & Gezondheid heeft opgezet en legeeft aan o.a. verzekeringsartsen en bedrijfsartsen.

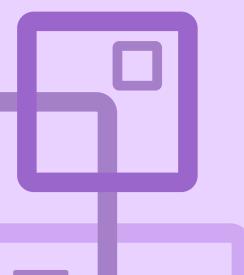
Paul Betgem (1950) is gepensioneerd GZ-psycholoog. Na pensionering neemt hij deel aan verschillende NIP activiteiten, onder andere de NIP werkgroep Arbeid & Gezondheid van de Sectie Arbeid en Organisatie psychologie. Hij promoveerde op burn-out en werkstress bij verpleegkundigen in de psychiatrie.



Burn-out

De discussie rond burn-out en arbeid gerelateerde klachten is inmiddels ruim vijftig jaar oud. Paul Betgem geeft een korte schets van het historisch verloop en het actuele standpunt van het NIP als beroepsvereniging. Burn-out is méér dan een individueel probleem. Wat zijn veelbelovende, nieuwe ontwikkelingen op het gebied van verminderung werkstress? Op welke wijze kunnen psychologen daar aan bijdragen?

In 2023 werd de NIP geregistreerde post-master opleiding psycholoog arbeid & gezondheid geactualiseerd. Daphne Metsemakers geeft een samenvatting van de belangrijkste onderdelen van het curriculum zoals dat nu aangeboden wordt door de NSPOH. Tot slot gaan Paul en Daphne in discussie met de aanwezigen over recente thema's zoals de diagnostiek van burn-out en de betekenis van veerkracht als relatief nieuwe factor bij de preventie van arbeid gerelateerde klachten.



Training

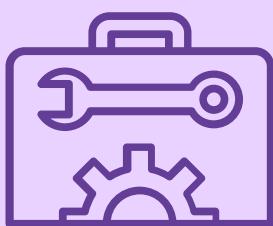
ROUND 3



Building your resilience toolkit

What are my strengths? What can I rely on in times of crisis? These are the questions we ask (or will ask) our clients to meditate on. But how would we answer them? How often do we give ourselves the time to nourish, understand and appreciate our own resilience?

You will be given the space to contemplate on these questions (and more) in this interactive session. We will talk, move, draw, and reflect on our resilience. Can we recognise our signs of stress? What are the bad habits we fall back into? How do/can we prevent those? Where do we find meaning in everyday life? What about us, who we are, are we grateful for? As we move through activities together, you will get to fill up your own "resilience worksheet" to come back to any time you might need it. What I hope is that you will leave this training with the feeling of knowing yourself a little more, a sense of appreciation, and maybe draw inspiration for your own future practice as well.



Petra Zoubková
EFPSA Trainer

Information market

Interesting for both

Dutch and international
students!

Tilburg University

Ask all your questions about
majors and Masters.



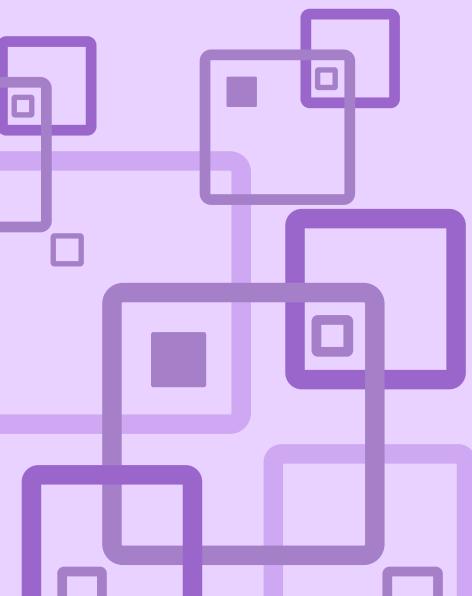
Yes We Can Clinics

Alles over het werken met
13- t/m 27-jarigen met
psychische problemen,
verslavingen en gedragsproblemen.



Forsta Opleidingen

Opleidingsinstituut voor evidence based
behandelmethoden. Ga naar de stand
en kom erachter wat de mogelijkheden
na je master zijn!



More on the next page!



Information market

Radboud University Nijmegen

Ask all your questions at the stand!

EFPSA

The European Federation
of Psychology Students'
Associations. Build an
international network!

Professional Advisor

Can answer any work or study related
questions!!

SPS-NIP

To help you develop
personal and professional
skills and connect you to
the workfield.



With free unlimited
(alcoholic) drinks
and snacks!





BENEFITS:

- Free of charge or with a discount to lectures, trainings, workshops and excursions
- Discounts for RINO trainings
- Free entry to Experience Your Future days
- Discounted admission to the National Psychology Congress
- Free or with a discount to NIP activities
- Exclusive access to the SPS-NIP internship database
- Career advice from the SPS-NIP Professional Advisors
- Reading the magazine "De Psycholoog" online for free. This magazine keeps you up to date with everything related to psychology. It covers job vacancies, conferences, books and many articles on all developments in the field of psychology

- Access to participation in the Psychology weekend of SPS-NIP in a country in Europe
- Access to an international network of psychology students via EFPSA. Benefits of foreign contacts with EFPSA (think, for example, of the possibility of having contact with psychology students from all over Europe, participating in Summer School or Train the Trainers in Europe and having your questionnaire for your research completed by people from different countries).
- Access to the 'Toekomstwijzers' ("Guide for your future") which helps you step by step to get your dream job
- Huge discount on your NIP membership once you have graduated



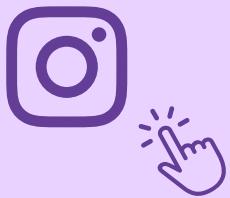
More from SPS-NIP

Upcoming activities

Check the Instagram page of each city for more details!

Groningen

Childhood Maltreatment as a risk factor | 13th of March



Rotterdam

RINO training | 19th of April

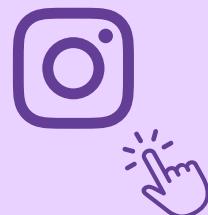


Utrecht

Narcisme | 13th of March



Psychology weekend | Lille, France | 24th -26th of May



Enschede

Netflix and Learn | 13 of March



Leiden

RINO Training| 10th of April
EFSPA training | 7th of May
Post MAster Day | 3rd of June



Keep an eye on the Instagram page of SPS-NIP to stay up to date of all our activities!



Ken je onze podcast SPS-NIP: aan tafel met...?



Dit is dè podcast voor alle psychologie studenten in Nederland. In deze podcast gaan Teske en Vera, in gesprek met beginnend psychologen vanuit elke hoek van de psychologie. Zij zullen met onze gasten onder andere gaan praten over hun studententijd, bijbaantjes, stages en hun eerste stappen binnen het werkveld.

Join the committee

Would you like to organise this congress yourself?
You can!

More about the different positions below:

As **president**, you coordinate the committee, lead the meetings and are ultimately responsible for organizing the congress. The **vice-president** supports the president with these tasks. The **secretary** is responsible for administrative work. Not only do you take notes during the meetings, you also keep other files up to date. You are also in charge of the email. The **treasurer** draws up the budget and processes all expenses incurred during the year. In addition, as treasurer, you support the other members in major tasks. You work closely with the **acquisition officers**, who approach and bring in sponsors to finance the congress. You will also be responsible for putting together the goodie bags, together with the promotion officer. As **speakers' officers**, you are responsible for approaching speakers and maintaining contact with them. As **promotion officer** you will develop the promotional material and plan for the year. The promotion officer is also involved in communicating information about the congress via social media.

Would you like more information or do you have questions? Feel free to talk to us at the congress or send an e-mail to ncc@spsnip.nl. You can also contact us through Instagram Direct Message. We will be happy to answer all your questions!

More information
will be uploaded on the
website soon!



Active membership

Want to become an active member?

These are upcoming vacancies for committees and boards.

Keep an eye on our socials to stay up to date!

Landelijk Bestuur

- Dutch only •
- Voorzitter
- Stedelijk Bestuurcoördinator
- Financieel coördinator
- netwerk coördinator
- Secretaris

Meer informatie?

Stuur een mailtje naar:
solliciterenlb@spsnip.nl

More information will follow on our socials soon

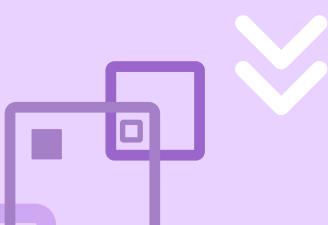


Regional Boards

- Dutch and English •

- Groningen • Amsterdam
- Maastricht • Leiden
- Nijmegen • Utrecht
- Rotterdam • Tilburg
- Enschede • Open Universiteit

More on the next page!



Active membership

Want to become an active member?

Committees

- Dutch and English •
- National Congress Committee
- Promotion Committee
- Career Committee

More information will follow on our socials soon



Other vacancies

- Dutch and English •
- Internship Database Officer
- Student in Section

What modern change will you bring to SPS-NIP?



Evaluation form

We're very curious what you thought of our event!

We would kindly like to ask you to fill out the evaluation form you'll be receiving by e-mail after the congress. It will only take a few minutes and it'll be of great help for us!

Because we highly appreciate your feedback we have a few give-aways linked to filling in the evaluation form:

International students

2x SPS-NIP Membership of € 44,40-, which gives you a lot of discounts and other benefits! You can read them on page 24.

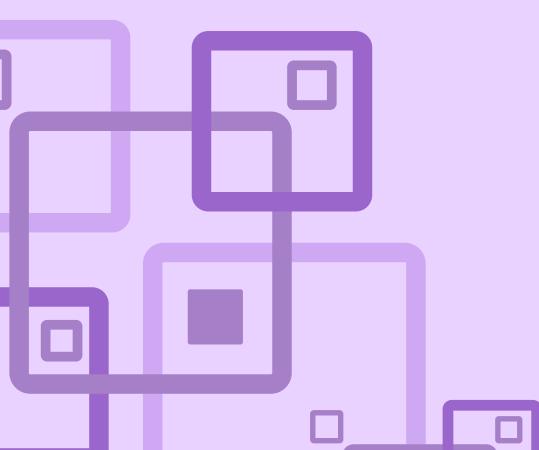
GIVE AWAY

Dutch students

Tegoedbon voor een zelf te kiezen bij- of nascholing van de RINO Groep namens VLOGO!



GIVE AWAY



Sponsors

This congress wouldn't be possible without our sponsors. We would like to give a special thanks to every single one of them.

You can read more information below.

Our main sponsor:



Tap on each logo for more information!



Universiteit Utrecht



Radboud Universiteit

FORTA OPLEIDINGEN



iPractice



**university of
groningen**

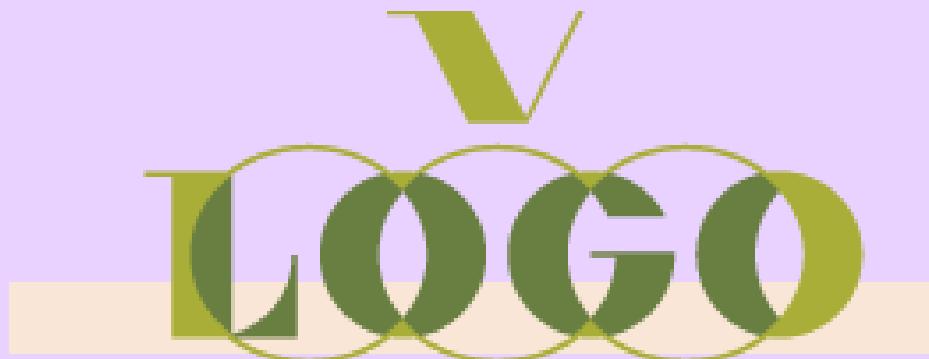


Understanding Society



**UNIVERSITY OF AMSTERDAM
Psychology**

Main sponsor



Zoek jij na je master psychologie verdere verdieping en verbreding op het gebied van diagnostiek en behandeling? En wil je je graag ontwikkelen tot professionele therapeut?

Dan is de GZ-opleiding een mooie volgende stap. De GZ-opleiding is gericht op het verwerven van competenties die je helpen bij de uitoefening van het beroep GZ-psycholoog.

De opleiding heeft een generalistisch karakter met een sterke nadruk op Evidence Based Mental Health (EBMH), waarbij er ook aandacht is voor het hanteren van de therapeutische relatie.

Meer informatie, ook over de andere BIG-opleidingen, vind je op www.vlogo.nl of de website van het opleidingsinstituut in jouw regio (zie volgende pagina).

